SENIOR ADVISORY COMMITTEE October 4, 2022

MINUTES

A MEETING of the Senior Advisory Committee was held both via conference call and in person at the Township Center located at 4341 Saratoga Street, Downers Grove, Illinois 60515, on Tuesday, October 4, 2022.

- **1. Call to Order.** Chairperson Gaye Wagner called the meeting to order at 1:38 pm.
- **2. Roundtable Introductions.** Roundtable introductions were made. Following is the meeting attendance:

Board Members: Pat Klebenow, Robert Petranek, Linda Rush*, Susan Sinderson, Gaye Wagner,

Bruce Wright

Members: Troy Agema, Angela Bentsen, Lynn Dralle, Terri Geppner, George Goodwin,

Alice Krampits, Heather Lippe, Kerri Quirin, Karen Spencer, Jillian Spizzirri*

Guests: Atiya Coleman Young

*Attended via conference call.

- **3.** Review and Approve Minutes. Pat Klebenow made a Motion to Approve the Minutes of the September 12, 2022 Meeting and it was seconded by Robert Petranek. The Motion was unanimously approved by voice vote.
- **4. Public Comment.** There was no public comment.
- 5. <u>SAC Member Reports</u>.
- **A.** <u>Chairman's Report.</u> Chairperson Gaye Wagner remarked that the Age Guide Summit was a great learning opportunity. Many perspectives were shared regarding the longevity of older adults and helpful information was presented about how to best serve seniors in our communities.
- **B.** Member Report. Robert Petranek reminded the Committee that the FFDGTS Annual Fundraiser will be on October 27. All are invited to attend! Tickets and sponsorships can be purchased on their website. The FFDGTS fundraiser at 3 Corners Restaurant went well and they will be looking to repeat it again in the future.
- 6. Township Officials Update.
 - A. <u>Supervisor's Report</u>. None
- B. <u>Senior Services Report</u>. Karen Spencer reviewed services available to seniors at the Township and also shared the upcoming Township Center events. Karen mentioned the new registration program adopted by the Township for use in registering seniors for the various programs and activities is expected to be fully functional in November. Karen reported that Township staff recently presented Township services and activities to members of Our Lady Mt. Carmel in Darien and Holy Trinity in Westmont. Karen also asked SAC members to help spread the word to community members about Township services and programs. Finally, Karen shared that SAC will form a sub-committee to explore learning more about dementia-friendly communities.

7. <u>Community Partner and Guest Updates</u>.

- **A.** <u>Magnolia</u>. Atiya spoke about the Magnolia community, highlighted its amenities, and expressed how they help families to transition to senior living.
- **B.** <u>Westmont Park District</u>. Alice Krampits reported that events and activities are going well. They have a fall color trip to Lake Geneva planned and the winter newsletter will be available soon.
- **C.** <u>The Community House</u>. Jillian Spirrizzi reported that seniors are starting to come out more, such as the twelve people that attended their recent opera trip. She is currently in the planning stages for the Christmas Party and a trip to the Chriskindlemarket in Chicago. She hopes to have more winter activities planned.
- **D.** <u>Westmont Fire Department</u>. Lynn Dralle reported that the recent Fire Department Open House was well-attended. Fire Department employees will be taking dementia training on October 10. Finally, Dralle reported that the Village of Westmont site is posting Township activities on its website.
- **E.** <u>Community Adult Day Care</u>. Susan Sinderson reported that she is scheduled to speak at the October 20 Senior Survival Skills luncheon regarding CADC programs, care support groups, and dementia-friendly communities. Sinderson went on to report that CADC is looking for employees to work four to six hours per week. Susan was excited to share that CADC received an anonymous donation for hydroponic gardens.
- **F.** AARP. George Goodwin reported that last week's Driver Safety Course at the township was successful with good responses from the attendees. The next one will be December 1-2 in the Township Center. There will be a Care Clinic in Lisle on 10/8.
- **G. Senior Living Experts.** Kerri Quirin reported that more people are coming to see her early in their moving process, which is what she has always advised.
- **H.** Aspired Living. Terri Geppner reported that she also sees her clients planning for the future.
- **8.** Age Guide Summit. Angela Bentsen provided a detailed overview of the Age Guide Summit, held on October 3, 2022. The conference focused on shaping the aging journey and addressed relevant topics, including embracing diversity, equity, and inclusion, creating liveable communities, designing age-friendly health systems, and addressing the care economy. Karen Spencer, Gaye Wagner, Heather Lippe, and Alice Krampits were in attendance and shared their key takeaways. It was an inspiring and educational event. A discussion was had on how SAC members can advocate for seniors in the Township and what next steps should be taken by the committee. Enhancing support for caregivers and learning more about dementia-friendly communities were discussed. Angela shared that AgeGuide's dementia-friendly online training will be available in January.
- **9.** Adjournment. A Motion to Adjourn was made by Pat Klebenow and seconded by Robert Petranek. The Motion was unanimously approved by voice vote. The meeting was adjourned at 3:00 PM. The next meeting will be held on November 7, 2022, at 1:30 pm.

SENIOR ADVISORY COMMITTEE October 4, 2022 Meeting Attendance

Beardsley, Ralph	SAC Vice-Chairman	Absent
Klebenow, Pat	SAC Board Member	Present
Petranek, Robert	SAC Board Member	Present
Rasin, Lisa	SAC Board Member	Absent
Rush, Linda	SAC Board Member	Present*
Sinderson, Susan	SAC Board Member	Present
Wagner, Gaye	SAC Chairperson	Present
Wright, Bruce	SAC Board Member	Present
Agema, Troy	DuPage County Sheriff	Present
Bentsen, Angela	Age Guide	Present
Catalano, Connie	Senior Living Consultant	Absent
Coultrap, Paul	Downers Grove Township Supervisor	Absent
Dralle, Lynn	Westmont Fire Department	Present
Garreau, Janet	Interfaith Community Partners	Absent
Geppner, Terri	Aspired Living	Present
Goodwin, George	AARP	Present
Harris, Marquitta	Indian Prairie Public Library	Absent
Krampits, Alice	Westmont Park District	Present
Larson, Julie	DuPage County Senior Services	Absent
Atiya Coleman Young	Magnolia	Present
Lippe, Heather	Village of Downers Grove	Present
Mistretta, Susan	Downers Grove Township Senior Services	Absent
Quirin, Kerri	Senior Living Experts	Present
Spencer, Karen	Downers Grove Township Senior Services	Present
Spirrizzi, Jillian	The Community House	Present*
Stoll, Mary	Downers Grove Township Trustee	Absent

^{*}Present via conference call.