

SENIOR ADVISORY COMMITTEE

March 6, 2023

MINUTES

A **MEETING** of the Senior Advisory Committee was held at the Downers Grove Township Center, 4341 Saratoga Avenue, Downers Grove, Illinois 60515, on Monday, March 6, 2023.

1. **Call to Order.** Chairperson Gaye Wagner called the meeting to order at 1:35pm.
2. **Roundtable Introductions.** Roundtable introductions were made. Following is the meeting attendance:

Board Members: Heather Lippe, Robert Petranek, Lisa Rasin, Linda Rush, Gaye Wagner, Bruce Wright

Members: Troy Agema, Angela Bentsen, Janet Garreau, George Goodwin, Alice Krampits, Julie Larson, Susan Mistretta, Kerry Quirin, Karen Spencer

Guests: Mark Davis (Terra Vista Assisted Living)
Trine Gomez (DuPage County Sheriff Intern)

3. **Review and Approve Minutes.** Upon review, Linda Rush made a Motion to Approve the Minutes of the February 6, 2023 Senior Advisory Committee Meeting, and was seconded by Lisa Rasin. The Motion was unanimously approved by voice vote.

4. **Public Comment.** There was no public comment.

5. **SAC Member Reports.**

A. Chairman's Report. Gaye Wagner announced that a Board Meeting will be held on Friday, March 17, 2023, beginning at 9:00am, at the Downers Grove Township Senior Center, 4341 Saratoga Avenue, Downers Grove, IL 60515.

(ii) Gaye Wagner distributed a sign-up sheet for anyone interested in hosting a SAC Meeting at their place of business.

(iii) Wagner also reiterated the need for SAC members from Burr Ridge, Clarendon Hills and Darien, to both serve on the SAC and serve as a networking vehicle for their community.

(iv) Wagner shared that the Westmont Chamber of Commerce Senior Resource Group will be hosting a "Business After Hours" event, at the Township Center, on Wednesday, March 8, 2023, from 5:00-6:30 pm.

(v) Wagner shared that there will be a Spring Fling expo, for seniors, on May 4-5, 2023 at the Westmont Community Center.

B. Linda Rush suggested bringing a physical therapist to the Senior Center for a seminar on exercises for balance as well as for weight loss. Karen Spencer commented that the Senior Center had just finished an eight-week class on balance and will be hosting another beginning April 11. Spencer continued that she has been in contact with DULY to arrange a physician or physical therapist to talk about exercise for balance and movement.

C. Robert Petranek announced that the next FFDGTS fundraiser will be held on Thursday, March 9, 2023, at Pierce Tavern, from 4:00pm to close. FFDGTS will receive 10% of all receipts that

evening and customers will not need to present a flyer to do so. FFDGTS will also participate Giving DuPage Days to be held on May 1-5. Petranek also shared that another earning opportunity for FFDGTS will be during the Rotary Grove Fest, to be held June 22-25 in downtown Downers Grove. The Rotary Grove Fest website will go live on April 1 for potential volunteers to sign up. Completed three-hour shifts will earn \$40 each for FFDGTS. Finally, Petranek announced that FFDGTS will participate at the Moose Car Show, which will be held on July 28 in downtown Downers Grove.

D. Lisa Rasin stated that the number of families served weekly by FISH Food Pantry continues to increase.

6. Township Officials Update.

Karen Spencer announced that she is seeing an increase in attendance at senior activities held at the Senior Center. She is looking for new activities to promote. She has heard that seniors would like to attend seminars on downsizing, grandparents raising grandchildren, nutritional eating and recipes, subsidized housing and traveling. She has also received feedback on non-English-speaking seminars. Finally, Spencer remarked that the Car Care Clinic and the Memory Café are still in development, and a new order of Files of Life will be placed.

7. Member Updates.

A. Julie Larson noted that the County is seeing an increase in calls. She also informed the SAC that the County will no longer be a SHIP site, and is referring calls to local SHIP agencies. The County is also urging callers to use the new "211" site as a resource guide.

B. Angela Bentsen announced that the Age Guide Annual Meeting will be held on April 21, 2023, at The Carlisle, in Lombard. Amal Cokars will be the keynote speaker. Bentsen stated that Age Guide will no longer be hosting a Senior Lifestyle Expo. Finally, in answer to Julie Larson, Bentsen shared that there is a SHIP counselor at Age Guide.

C. Janet Garreau shared that Interfaith Community Partners will be holding a breakfast meeting on March 29, 2023, at the Township Center, to be attended by various municipal leaders to recruit potential volunteers.

D. George Goodwin stated that he feels regional senior expositions have value, as opposed to smaller gatherings. Goodwin believes that it is not how big the event is; it is how many people one talks to. George also announced that the Naperville-Lisle Triad will be holding a senior expo on April 27-28 dealing with senior housing issues.

E. Kerry Quirin announced that ASSP has grants available to apply to LIHEAP.

F. Finally, guest **Curtis Mizener** stated that Downers Grove Township encompasses 16 square miles and while the Township is successful in reaching many of its residents, those residents occupying the south corner of DGT (specifically the Riverview subdivision) are poorly informed about Township matters. He said he finds that, while flyers are good, it is better to talk to people.

8. Adjournment. Upon motion made by Lisa Rasin and seconded by Linda Rush, the meeting was adjourned at 2:55pm.

Respectfully submitted by Susan R. Mistretta

SENIOR ADVISORY COMMITTEE

BOARD MEMBERS AND MEMBERS

Beardsley, Ralph	SAC Vice Chairman
Klebenow, Pat	SAC Board Member
Lippe, Heather	SAC Board Member/Village of Downers Grove Social Worker
Petranek, Robert	SAC Board Member/Coldwell Banker
Rasin, Lisa	SAC Board Member/FISH Pantry
Rush, Linda	SAC Board Member
Sinderson, Susan	SAC Board Member/Community Adult Day Center
Wagner, Gaye	SAC Chairman/Independence 4 Seniors
Wright, Bruce	SAC Board Member
Agema, Troy	DuPage County Sheriff
Bentsen, Angela	Age Guide
Catalano, Connie	Life Transition Specialist
Coultrap, Paul	Downers Grove Township Supervisor
Davis, Mark	Terra Vista Community Living
Dralle, Lynn	Westmont Fire Department
Garreau, Janet	Interfaith Community Partners
Geppner, Terri	Comfort Keepers
Goodwin, George	AARP
Harris, Marquitta	Indian Prairie Public Library
Krampits, Alice	Westmont Park District
Larson, Julie	DuPage County Senior Services
Mistretta, Susan	Downers Grove Township Senior Services
Nevins, Carrie	Village of Willowbrook
Quirin, Kerry	Senior Living Experts
Spencer, Karen	Downers Grove Township Senior Services
Spizzirri, Jillian	The Community House
Stoll, Mary	Downers Grove Township Trustee
Young, Atiya Coleman	Magnolia Senior Living