

SENIOR ADVISORY COMMITTEE
January 9, 2023

MINUTES

A **MEETING** of the Senior Advisory Committee was held at the Downers Grove Township office located at 4340 Prince Street, Downers Grove, Illinois 60515, on Monday, January 9, 2023.

1. **Call to Order.** Chairperson Gaye Wagner called the meeting to order at 1:35pm.
2. **Roundtable Introductions.** Roundtable introductions were made. Following is the meeting attendance:

Board Members: Heather Lippe, Lisa Rasin, Gaye Wagner, Bruce Wright

Members: Troy Agema, Paul Coultrap, Lynn Dralle, Janet Garreau, George Goodwin, Susan Mistretta

3. **Review and Approve Minutes.** Since there was no quorum present, review and approval of the December 5, 2022 Minutes was tabled until the February 6, 2023 meeting.

4. **Public Comment.** There was no public comment.

5. **SAC Member Reports.**

A. Chairman's Report. Gaye Wagner began her comments with a summary of the Board's strategic planning meeting held in December. Board members talked about the need for representative membership from all Township municipalities. Currently, we SAC is missing representation from Burr Ridge and Clarendon Hills. Ralph Beardsley is working with City of Darien officials to secure representation from Darien.

Wagner went on to say that she would like to establish hubs in each Township municipality where SAC can supply information, including the Senior Activity Guide, monthly for distribution to seniors. Wagner mentioned that Paul Coultrap would like to send out the Banner News to all Township residents, not just the senior citizens.

Beginning January 25, 2023, the Township will be hosting conversations with seniors about being a senior. Wagner would like to extend these conversations by reaching out to church groups, veteran groups, and local businesses.

B. Heather Lippe reported that Downers Grove Township is now offering caregiver support and stress-busting ideas which she will post on the Village website and social media. Lippe also reported that Dale Smith of the Downers Grove Fire Department will begin attending meetings.

C. Lisa Rasin reported that the FISH Food Pantry is now servicing 160 families per week. Furthermore, Rasin indicated an average of ten new families per week, proving that the needs are greater than ever. Rasin ended by saying that FISH is always looking for paper products.

D. Bruce Wright indicated that the YMCA would like to start distributing the Senior Activity newsletter.

6. **Township Officials Update.**

Paul Coultrap reviewed the upcoming senior programs being held at the Senior Center.

7. Member Updates.

A. Janet Garreau of Interfaith Community Partners announced that ICP has expanded into Darien, Downers Grove, Westmont and Willowbrook. She went on to say that there will be a luncheon in February at the Senior Center to provide information about ICP to the community.

B. George Goodwin of AARP announced that attendance at Driver Safety courses is slowly coming back. He also said he has spoken to Karen Spencer about dates for upcoming Car Care Clinics so that we do not overlap with other communities. Finally, George stated that the Shingrex shot is free if one has Medicare Part D, Medicare recipients can receive up to eight COVID test kits per month, and Medicare recipients should check the Medicare website for other free offerings.

C. Lynn Dralle announced that her last day with the Westmont Fire Department will be June 2.

D. Troy Agema announced that his last day with the DuPage County Sheriff's Department will be June 5.

8. Adjournment.

There was no quorum present to vote on a motion to adjourn, so the meeting simply ended at 2:49pm.

Respectfully Submitted by Susan R. Mistretta

