



Downers Grove Township

Human Services

Paul Coultrap - Supervisor

Services and Information – Spring 2022

For Citizens in Downers Grove Township and Surrounding Areas

*****DUE TO COVID-19 RESTRICTIONS IT IS ADVISED THAT YOU CALL BEFORE VISITING ANY AGENCY LISTED IN THIS BROCHURE*****

Caregiver & Respite Health & Home

- **Adult Day Care.** 4501 Main Street, Downers Grove, 630-968-1060 www.communityadulthoodcenter.org
- **Community Care Program.** Offers affordable help for the activities of daily living. Allows seniors who would be forced to enter a nursing home the choice of remaining in their own homes. Income based program. Call DuPage County Senior Services 800-942-9412 or 630-407-6500, www.dupageco.org/community
- **DuPage County Health Department.** 422 N. Cass, Westmont, IL 60559, 630-682-7400. Crisis line is 630-627-1700. www.dupagehealth.org
- **Grandparents Raising Grandchildren.** Metropolitan Family Services DuPage 630-784-4800 <http://www.metrofamily.org>
- **Home Health Care Agencies.** List available at the Township office.
- **Hospice.**
 - Advocate Hospice. 1441 Branding Ave, Suite 200, Downers Grove, IL 60515, 630-963-6800 <http://www.advocatehealth.com/hospice-4311>
 - AMITA Health Adventist St. Thomas Hospice. 119 E Ogden Ave Suite 111, Hinsdale, IL 60521, 630-856-6990 www.keepingyouwell.com
 - Vitas Hospice Services. 10216 Werch Drive, Suite 104, Woodridge, IL 60517, 630-410-4580 www.vitas.com
- **Marianjoy Rehabilitation Hospital.** 630-909-8000 www.marianjoy.org
- **Nursing Homes.** List available at the Township office

Cell Phones/Food Stamps - SNAP (Supplemental Nutrition Assistance Program)

- **DHS Family Community Resource Center (FCRC).** 1717 Park St., Suite. 105, Naperville, IL 60563, 630-328-1000. 8:30 am–5:00 pm. DHS helpline 800-843-5553.
- **Free Government Cell Phones.** Must be receiving SNAP benefits. US Cellular 888-944-9400 uscellular.com Safelinkwireless 800-723-3546 safelinkwireless.com

Consumer Protection/Human Rights

- **Achieving Independence and Mobility/Center for Independent Living (AIM/CIL).** Empowers persons with disabilities to effectively control and direct their lives. The Center provides training, community development, and advocacy to enable persons with disabilities to fully participate in family, social and community life. A selection site for ITAC Phone Program. 3130 Finley Road, Suite 500, Downers Grove, IL 60515, 630-469-2300 (voice/tdd) www.aim-cil.org
- **Better Business Bureau of Chicago and Northern Illinois, Inc.** State Office: 330 N. Wabash Ave, Suite 3120, Chicago, IL 60611, 312-832-0500. Hours: Monday through Friday 8:00 am–5:00 pm. www.bbb.org
- **Equal Employment Opportunity Commission (EEOC).** Responsible for enforcing federal laws that make it illegal to discriminate against a job applicant or an employee because of the person's race, color,

religion, sex (including pregnancy), national origin, age (40 or older), disability or genetic information. 500 W Madison Street, Suite 2000, Chicago, IL 60661. 800-669-4000. www.eeoc.gov

- **Equip for Equality.** Advancing the human and civil rights of people with disabilities in Illinois. 20 North Michigan Avenue, Suite 300, Chicago, IL 60602, 312-341-0022. www.equipforequality.org
- **Hope Fair Housing Center.** Dedicated to eliminating housing discrimination and segregation because race, color, religion, national origin, sex, disability, family status or any other characteristic protected under state or local laws. 202 W. Willow, Suite 203, Wheaton, IL 60187, 630-690-6500. <http://hopefair.org/>
- **Illinois Department of Human Rights.** Prohibits discrimination with respect to employment, financial credit, public accommodations and real estate transactions on the basis of race, color, religion, sex (including sexual harassment), national origin, ancestry, military status, age (40 and over), order of protection status, marital status, sexual orientation (which includes gender-related identity), unfavorable military discharge, and physical and mental disability. Also prohibits sexual harassment in education, discrimination because of citizenship status and arrest record in employment, and discrimination based on familial status in real estate transactions. Charges must be filed within 180 days of the date you believe the discrimination took place. Monday through Friday, 8:30 am–5:00 pm, James R. Thompson Center, 100 W. Randolph Street, Suite 10-100, Chicago, IL 60601, 312-814-6200
- **Illinois Office of the Attorney General.** Chicago Office: 100 W. Randolph St, Chicago, IL 60601
 - Civil Rights – 877-581-3692
 - Consumer Fraud – 800-386-5438 or 800-964-3013
 - Crime Victim Assistance – 800-228-3368
 - Disability Rights – 312-814-5684
 - Environmental Crimes – 888-288-9436
 - Healthcare – 877-305-5145
 - Homeowner – 866-544-7151
 - Identity Theft – 866-999-5630
 - Illinois Sex Offender Registration Team – 888-414-7678
 - Military & Veterans Assistance – 800-382-3000
 - Public Access Counselor – 888-299-3462
 - Recalls – 888-414-7678
 - Senior Citizens Consumer Fraud Hotline – 800-243-5377
 - Spanish Language – 866-310-8398
 - Website www.illinoisattorneygeneral.gov
- **National Do Not Call Registry.** Must call from each phone to be registered. 888-382-1222

Counseling

- **Associates in Family Care.** 842 Curtis, Downers Grove, 630-983-0600 www.afccounselors.com
- **Centers for Family Change.** 2625 Butterfield Rd, Suite 101N, Oak Brook, IL 60523 630-586-0900 - www.centersforfamilychange.com
- **DuPage County Division of Human Services.** 800-942-9412 www.dupageco.org
- **Metropolitan Family Service DuPage.** Visits at the office or at home. 630-784-4979 www.metrofamily.org

Disabilities

- **ABHF Hearing Clinic.** 630-321-3555 www.abhf.org
- **Chicago Hearing Society.** 773-248-9121 www.chicagohearingsociety.org
- **Chicago Lighthouse for the Blind.** 312-666-1331 www.chicagolighthouse.org
- **Hearing.** Assistive devices, HITEC. 800-288-8303 www.hitec.com
- **ITAC.** (Illinois Telecommunications Access Corp.) Amplified phone for those with hearing loss. 800-841-6167

- **Parking Placards.** Application is available at cyberdriveillinois.com >Publications/Forms >Persons with Disabilities > Persons with Disabilities Parking Placard/License Plates (Form VSD62). Application must be completed by applicant as well as a physician and submitted to the Secretary of State's Office, Persons with Disabilities License Plates/Placard Unit, 501 South Second Street, Springfield, Illinois 62756.
 - **Permanent Parking Cards.** Must be recertified every four years at the Secretary of State's Office or Secretary of State Vehicle Services Department.
 - **Ray Graham Associates For People with Disabilities.** 901 Warrenville Road, #500, Lisle, IL 60532 630-620-2222 www.raygraham.org
- **Vision.** After age 65, have your eyes checked every 1 to 2 years. Spectrios Institute for Low Vision, Deicke House, 219 E Cole Avenue, Wheaton, IL 60187 630-690-7115 www.spectrios.org

Doctors/House Calls

- **Alegis Care.** Comprehensive medical care in the convenience of your home. 877-663-1333 www.alegiscare.com

Driving / Transportation

- **AARP.** Driver Safety Program 877-846-3299 www.aarp.org
- **Amtrak.** 15% discounts to persons 62 and older. Not available during holidays. 800-872-7245 www.amtrak.com
- **Angel Wheels Transportation.** Wheelchair accessible, through the door. 630-534-6900 www.angelwheelsinc.com
- **Dial-A-Ride.** A transportation service for Downers Grove Township residents age 65 and over, as well as disabled persons of any age. Motels, hotels, extended stays, and temporary housing are not eligible for the Dial-A-Ride Service. Dial-A-Ride is a shared-ride, curb-to-curb service that operates Monday through Friday, from 8:00am to 4:00pm, within the boundaries of Downers Grove Township. Riders must first register for the program by calling Downers Grove Township at 630-719-6612 or 6686. Rides for medical appointments must be reserved one week in advance. All other rides (such as for grocery shopping, hair salons, social visits, etc.) must be reserved two days in advance. One-way trip costs \$3.00 and must be paid in exact change.
- **DuPage County Senior Services.** 630-407-6500 www.dupageco.org
- **Greyhound.** 5% discount to persons 62 and older. Travel Tuesday or Wednesday before 10:00 am to get cheaper fares. 800-231-2222 www.greyhound.com
- **Adventist LaGrange Memorial Hospital.** Offers free round trip transportation for services (i.e. physical therapy, etc.) received at their hospital. 5101 Willow Springs Rd. LaGrange 708-245-9000
- **Ride Free Transit Card and License Plate Discount.** If you qualify for the Benefit Access Program, you will receive a discount on your license plate fee, as well as the Ride Free Transit Card which is accepted on the CTA, Pace buses and Metra trains. Enroll by completing an online application at illinois.gov/aging or by calling [the Township Office at 630-719-6600](http://theTownshipOffice.com). Eligibility requirements:
 - Age 65 or older
 - Age 16 or older and permanently disabled
 - Live in Illinois at the time of filing a claim
 - Annual income of not more than \$33,562 for a household of one
 - Annual income of not more than \$44,533 for a household of two
 - Annual income of not more than \$55,500 for a household of three
- **RTA Reduced Fare Card.** Applications for persons age 65 or older, or for persons with disabilities, are available at Township office. 630-719-6600.
- **State of Illinois Rules of the Road Classes.** Review the "Rules of the Road Manual" for the Illinois Drivers Exam. 800-252-8980 www.cyberdriveillinois.com/services
- **Subsidized Taxicab Coupon.** Must be 65 or older, or handicapped if under 65. Coupons are open only to residents of Downers Grove. Contact Sue or Lynn at 630-434-5959 (purchase limited to \$30/month.)

- **Taxi Cab Companies:**
 - **Alliance Taxi**, 630-968-1323, www.alliancetaxiservice.com
 - **American Taxi Inc.**, 630-920-9480, www.american-taxi.com
 - **Flat Rate Cab Dispatch, Inc.** 5 miles or under, flat rate of \$10. No wheelchairs. Note: When gas prices reach \$3.85/gal or higher, a \$3 surcharge is added to all rates. No meter. www.flatratecab.net 630-748-8894 or 866-977-3528.
 - **303 Taxi**, 630-303-0303, www.303taxi.com
 - **Wheel Chair Accessible Transportation**
 - **AC Med Tran**, 630-568-3850, www.acmedtran.com
 - **Access EZ Transport, Inc.** Non-emergency wheelchair transport service. 6912 Main Street, #120, Downers Grove, IL. Monday–Friday, 9:00 am–5:00 pm, and weekends by appointment. 630-824-0884 – accesseztrans.com
 - **ADA Special Services for Disabled Persons**, 312-663-4357, www.pacebus.com
 - **N.E.W.T.** \$50.00 each way, plus \$2.50 per mile. 630-542-6398 www.nonemerencywheelchairtransport.com
 - **Non-Emergency Freedom First Transportation (John)**. \$35.00, plus \$2.00 per mile. 200 Poplar Place, North Aurora, IL 60542, 630-896-6063, www.freedomfirsttransportation.com
 - **Special Needs Chicago**. 24 hours a day, 365 days a year, \$69.00 each way, \$4.00 per mile. 630-668-9999 www.specialneedschicago.org

DuPage County Health Department

- **Impact DuPage, Driving DuPage Forward.** The Health Department of DuPage County has a new website, www.impactdupage.org, which is designed to help promote useful information to residents. It is sponsored by DuPage County Health Department and provides county-wide data, by topic, on subjects such as demographics, disparities, health, education, government/politics, public safety, environment, economy, social environment and transportation.

Education

- **Computer Classes.** See Public Libraries.
- **College of DuPage Continuing Education.** 630-942-2208 cod.edu
- **The Seniors Guide to Computers.** www.seniorsguidetocomputers.com

Exercise

- **Hospital Wellness Centers.** Call local Hospital Wellness Centers for availability.
- **Indian Boundary YMCA.** Exercise pool. 630-968-8400 www.indianboundaryymca.org
- **Park Districts.** See information elsewhere in this listing.
- **Tai Chi for Seniors.** Slow, gentle, dance-like movements of Tai Chi accumulate energy while calming you down. Check with local Park Districts.

Financial Assistance Programs

- **Access ATT Internet and Email.** \$10.00 per month if on SNAP food stamps. Must have SNAP benefit card. 855-220-5211 www.att.net
- **DuPage Home Ownership Center.** Provides free, confidential and unbiased counseling to senior homeowners on programs to help finance the cost of their homes, such as tax relief options, reverse mortgages, and low-cost home repair programs. 630-260-2500.
- **Energy Assistance Program (LIHEAP).** (Low Income Home Energy Assistance Program) Can help pay winter heating and electricity costs. Eligibility determined by household size, income, geographical location, and type of fuel used. Home visits are available to homebound persons. 800-942-9412 www.dupageco.org

- **Hope's Front Door.** A "walk-in-ministry". 1047 Curtiss St., #610, Downers Grove. Serving registered PAD clients in Darien, Downers Grove, Lisle, Westmont, Willowbrook and Woodridge. Available: Monday, Wednesday, Thursday, Friday, 10:00am - 11:45 am. Monday, 6:30-8:00 pm. 630-322-9803 www.walkinministryofhope.org
- **Love Christian Clearing House.** Rental assistance, car repairs and utilities. Monday through Friday, 9:30 am–11:30 am. Monday and Wednesday, 1:30 pm–3:30 pm. 630-512-8665 www.love-cc.org
- **Prevention of Spousal Impoverishment.** Allows a couple to divide their assets for purposes of eligibility when one spouse needs Medicaid payment for nursing facility care or Community Care Program services. The spouse not needing Medicaid payment may keep \$109,560 in assets plus a monthly allowance of \$2,739. Illinois Department of Human Services 630-495-0500
- **St. Vincent DePaul Locations.**
 - Holy Trinity, 630-968-1366 x404
 - St. Joseph Parish, 630-964-0216
 - St. Mary's Parish, 630-969-1063
- **Weatherization Assistance.** Provides energy-saving measures, such as repair of windows and doors, and checking furnace units for safety and efficiency. Smoke detectors and carbon monoxide detectors are installed in homes without them. Households that qualify for LIHEAP are eligible for Weatherization Assistance. Call DuPage County Senior Citizen Services at 800-942-9412.

Food Pantries

- **Catholic Charities.** For people in need of food. Appointments made by calling 630-495-8008 x2100. www.catholiccharities.net
- **Fish.** Serving Downers Grove, Lisle and Westmont residents only. Monday from 8:30 am to 11:30 am. Township Center at 4341 Prince Street, Downers Grove, IL 60515 630-964-7776 www.dgfish.org
Volunteers Needed!
- **HCS Family Services.** For residents of Westmont, Burr Ridge, Oak Brook, Clarendon Hills, Hinsdale, Darien and Willowbrook. Monday 3:00 pm to 4:00 pm, Friday 3:30 pm to 4:30 pm. **Registration ends thirty minutes before Food Pantry closes.** Please bring bags or boxes to carry items. 19 E. Chicago Avenue, 2nd Floor, Hinsdale, IL 60521 630-323-2500 www.hcsfamilyservices.org
- **Immanuel Lutheran Church.** No residency restrictions. Each visitor is given a bag of non-perishable items, once per month, one bag per family. No ID necessary. 5211 Carpenter, Downers Grove, IL 60515. Open Tuesday, 1:00 pm–3:00 pm, and Thursday, 9:00 am–12:00 pm. 630-968-3112
- **Our Lady of Mt. Carmel.** Serving residents of Darien, Burr Ridge, Lemont, Willowbrook, unincorporated Clarendon Hills, Downers Grove, Westmont and Hinsdale. Open Tuesdays from 1:00pm to 3:00pm, and Friday from 1:00pm–3:00pm. 8404 S. Cass Avenue, Darien, IL 60561 630-852-3303 - www.ourladyofmtcarmel.org
- **Our Lady of Peace.** Residents of Burr Ridge, Darien, Willowbrook and unincorporated areas of Clarendon Hills and Hinsdale. Must provide proof of residence and photo ID. Open Wednesday from 9:30am to 11:00 am. 701 Plainfield Road, Darien, IL 60561 630-323-4333 www.olopdarien.org
- **People's Resource Center Southeast.** Serving residents of DuPage County. Open Tuesday from 9:00am to 11:00am, Wednesday from 9:00am to 11:00am, Thursday from 6:00pm to 8:00pm, and Saturday from 9:00am to 11:00am. Bring a photo ID and proof of residency (a utility bill, rent stub, etc.) 104 Chestnut, Westmont, IL 60559. 630-682-5402, Option #2 www.peoplesrc.org
- **St. Mary of Gostyn.** Downers Grove residents only. St. Vincent DePaul Pantry, 444 Wilson, Downers Grove, IL 60515. Open Wednesday from 8:30 am to 10:30 am. 630-969-1063
- **St. Joseph.** Serving residents of Downers Grove, Westmont, and Woodridge residents east of 355. Bring current utility bill and current ID. Open Thursday only, from 8:30 am to 10:30 am. 4824 Highland Avenue, Downers Grove, IL 60515 630-964-0216
- **West Suburban Community Pantry.** Open Monday from 10:00 am to 12:00 pm (for bread and produce only), Tuesday from 8:30am to 11:30am, and 1:30pm to 3:30pm, Thursday and Saturday from 8:30 am to 11:30 am,

Thursday from 5:30pm to 7:30 pm, and Saturday from 8:30 am to 11:30 am. 6809 Hobson Valley Drive, #118, Woodridge, IL 60517 630-512-9921. A current utility bill is required.

Grocery Delivery

- **Instacart.** Order food, with thousands of products to choose from. Must have a computer to order groceries and a credit card to pay for them. Deliveries start at 9:00 am. There will be a delivery charge added, groceries will be delivered in as little as an hour. Various stores participate in this program depending on zip code. www.instacart.com

“Hoarder” Clean Up

- **Paxem Inc.** 847-829-4437 www.paxem.com
- **Junk King West Suburbs.** 847-852-4222 www.junk-king.com
- **Servicemaster Services.** 630-641-1111 www.servicemaster-services.com

Housing

- **Nursing Home Hotline.** Takes complaints regarding care in nursing homes, hospitals, ambulatory treatments, mental health care centers, home health agencies, ambulances, and dialysis centers. 800-252-4343
- **Pads.** Offers an array of services for homeless persons. 601 West Liberty, Wheaton, IL 60187 630-682-3846 www.dupagepads.org
- **Retirement Homes.** List is available at the Township office.
- **Senior Housing Directory.** Shared housing alternative, subsidized housing, supporting living facilities, independent and assisted living facilities. A list available at the Township.
- **Senior Home Sharing, Inc.** 630-407-0440 www.seniorhomesharing.org
- **Shared Housing Program.** Call the DuPage County Division of Human Services at 800-942-9412. www.dupageco.org/client-services
- **Subsidized Housing.** If eligible, you may qualify for a rent subsidy. There are federally funded programs that help people with low incomes to afford safe and decent rental housing. 630-690-3555 www.dupagehousing.org

Income Tax Preparation and Assistance

- **Illinois Department of Revenue.** 800-732-8866 www.revenue.state.il.us
- **Income Tax Assistance Service.** AARP counselors help during tax season at senior centers and some libraries.
- **Internal Revenue Services.** Appointment needed. 2001 Butterfield Road, Downers Grove, IL 60515 844-545-5640 www.irs.gov

Legal Assistance

- **DuPage County Bar Association Lawyer Referral Service.** Assists in connecting with an attorney. The service offers up to a 30-minute consultation with an attorney at no charge. The attorneys will charge their normal rate beyond that half hour. You are not obligated to hire the referred attorney nor is the attorney obligated to accept you as a client. 126 S. County Farm Road, Wheaton, IL 60187 630-653-7779 www.dcba.org
- **DuPage County Community Services - Senior Citizens Services.** Provides services and partnerships that keep people safe in their homes, find resources to help them maintain independence and achieve economic self-sufficiency. 421 N. County Farm Road, Wheaton, IL 60187 630-407-6500 or 800-942-9412

- **Illinois Attorney General Consumer Complaints.** Protects consumers and businesses that have been victimized by fraud, deception or unfair competition. 800-386-5438 www.illinoisattorneygeneral.gov
- **Prairie State Legal Services, Inc.** 400 West Roosevelt Road, Wheaton 60187, 630-690-2130. Offers free legal services for low income persons and those over 60 who have serious civil legal problems and need legal help to solve them, such as:
 - **Consumer Law.** Bankruptcy or other debt relief. Debt collection, repossession and contract defenses.
 - **Family Law.** Protection from abuse or exploitation of domestic violence victims, elderly, children and persons with disabilities, divorce, and related relief for domestic violence victims.
 - **Health Care.** Loss or denial of medical or nursing home care. Loss or denial of medical benefits (Medicaid, Medicare). Guardianships and powers of attorney and other health care documents. Discrimination and reasonable accommodations.
 - **Housing Law.** Evictions and lockouts, foreclosure defense, loss or denial of subsidized housing benefits, loss or denial of essential public utilities, substandard housing conditions cases that cannot be addressed by other agencies.
 - **Staff Attorneys.** Do not handle criminal, immigration violations, traffic, personal injury, malpractice, workers' compensation.

Libraries

Books, records, and cassettes are delivered to homebound people by some libraries.

www.publiclibrary.ws/county/Dupage.html

Clarendon Hills	7 N. Prospect, Clarendon Hills 60514	630-323-8188
Downers Grove	1050 Curtiss Street, Downers Grove 60515	630-960-1200
Hinsdale	20 E. Maple Street, Hinsdale 60521	630-986-1976
Indian Prairie	401 Plainfield Road, Darien 60561	630-887-8760
Westmont	428 N. Cass Avenue, Westmont 60559	630-869-6150
Woodridge	3 Plaza Drive, Woodridge 60517	630-964-7899

*Please note: DVD copies of the Downers Grove Township Vintage Times television series, featuring topics of interest for adults 55 & older, are also available at the above libraries or the Township Office (4340 Prince Street Downers Grove).

Meals on Wheels

- **DuPage Senior Citizens Council.** Hot/cold meals for seniors in need delivered directly to their homes. 630-620-0804 www.dupageseniorcouncil.org

Medical Equipment and Supplies

- **Advocate Home Health Services.** 800-564-2025
- **Allegro Medical Supplies.** 800-861-3211 www.allegromedical.com
- **Darien City Hall.** Maintains a supply of walkers, canes, crutches, transport chairs and wheelchairs for lending to those in need. Contact Diane at 630-353-8102.
- **Make Life Easier.** Health & personal care items. 800-252-0227 www.make-life-easier.com
- **Westmont Pharmacy.** 630-969-2044 www.westmontpharmacy.com

Money Management Program

The Money Management Program is sponsored by the Illinois Department on Aging. Community Care Program at DuPage County Senior Services. 630-407-6500 or 800-942-9412

Movie Theaters

AMC Dine-In Yorktown	80 Yorktown shopping Center, Lombard	630-495-0012
Cinemark Seven Bridges	6500 Illinois 53, Woodridge	630-663-8892
Hollywood Boulevard	1001 75 th Street, Woodridge	630-427-1880
Tivoli Theater	5021 Highland Avenue, Downers Grove	630-968-0219

Passport Service

Applications accepted and photos taken Monday through Friday between 9:00 am and 3:30 pm at the Township office. 630-719-6610 www.dgtownship.com

- **Requirements.** Proof of citizenship, proof of identity, and one photograph.
- **Passport Photos.** Can be taken at the township for \$8.00. We **do not** have the ability to take pictures of infants or children that require assistance standing.
- **Form of Payment.** There are two separate fees (application fee & execution fee) payable when applying for a passport using a DS-11 form. Application fees must be in the form of a check or money order payable to U.S. Department of State. Execution fees are payable by a check (payable to Downers Grove Township) or currency in the amount of \$35.00. Neither the U.S. Department of State nor Downers Grove Township accepts debit or credit cards.

Prescription Drugs

- **Coast2Coast Rx Prescription Card.** Save up to 75% on prescriptions, ready to use with no limits on usage, no forms to complete, no expiration date, and everyone is accepted. Over 60,000 participating pharmacies, including all chain pharmacies. 800-931-8872 www.coast2coastrx.com
- **Drug and Sharp/Needle Disposal Programs.** Safely dispose of expired and unused medications in prescription collection boxes located at:
 - **Burr Ridge Police Dept.** will accept unused medications only.
7700 S. County Line Rd., Burr Ridge, IL 60527 630-654-8181
 - **Clarendon Hills Police Dept.** will accept unused medications only.
448 Park Ave., Clarendon Hills, IL 60514 630-286-5460
 - **DuPage County Sheriff** will accept unused medications and a very limited number of sharps. Call before going.
501 N. County Farm Rd., Wheaton, IL 60187 Admin. 630-407-2000
Communications 630-407-2400 or 630-682-7256 communicationsmail@dupagesheriff.org
 - **Lisle Police Dept.** will accept unused medications and sharps.
5040 Lincoln Ave., Lisle, IL 60532. 630-271-4200
 - **Walgreens** will accept unused medications only at the kiosk in front of the store.
1000 Ogden Avenue Downers Grove, IL 60515 630-493-1567. Kiosk on site.
 - **Westmont Police Department** will accept sharps only at the kiosk open 9-4pm. They will provide a container for the sharps. No epi pens. 500 N. Cass Ave. Westmont, IL 60559.
630.981.6300
- **Extra Medicare Drug Assistance.** Assistance is available to eligible people who cannot afford the Medicare drug benefit. To obtain a form, call the Social Security Administration at 800-772-1213 or the Illinois Department of Aging Senior Help Line at 800-252-8966. www.socialsecurity.gov
- **Medicare Part D, Prescription Drug Coverage.** A prescription drug benefit for all Medicare beneficiaries. Plans vary, and enrollees pay a monthly premium plus a share of the prescription drug costs. 800-633-4227 www.medicare.gov
- **Senior Health Insurance Program (SHIP).** A free, statewide health insurance counseling service for Medicare beneficiaries and their caregivers. 800-942-9412. Trained counselors will:

- Answer questions about Medicare, Medicare Supplement, and long-term care insurance.
- Other health insurance questions.
- Organize and assist in filing Medicare and Medicare Supplement claims.
- Analyze Medicare Supplement and long-term care. <http://www.dupageco.org/vae>

Property Tax Exemptions for Seniors

- **Senior Assessment Freeze Homestead Exemption.** Freezes the equalized assessed value of your property at the base year amount. It does not freeze the amount of your property tax bill, which will increase if the tax rate increases. To be eligible, one must be 65 years of age and have a total household income of no more than \$65,000. Applications must be signed and notarized. For more information or to receive an application, call the Assessor's Office at 630-407-5858.
- **Senior Homestead Exemption.** To be eligible, one must be 65 by December 31 of the assessment year for which the application is made, and one must own and occupy the property and be liable for the payment of real estate taxes on the property. The exemption provides a \$5,000 reduction from the equalized assessed valuation. Applications available at the Assessor's Office within the Township office. 630-719-6630.
- **Social Security Administration.** Retirement Estimator gives estimates based on your actual Social Security earnings record. 7440 Providence Drive, Woodridge, IL 60517 800-772-1213 www.ssa.gov

Recreational Activities and Senior Programs

Burr Ridge Park District

15W400 Harvest Drive
Burr Ridge, IL 60527
630-920-1969

www.brparcs.org

Hinsdale Parks & Recreation

Memorial Bldg. 19 E. Chicago Ave
Hinsdale, IL 60521
630-789-7090

www.villageofhinsdale.org/pr

Clarendon Hills Park District

315 Chicago Avenue
Clarendon Hills, IL 60514
630-323-2626

www.clarendonhillsparkdistrict.org

The Community House

415 W. Eighth Street
Hinsdale, IL 60521
630-323-7500

www.thecommunityhouse.org

Darien Park District

7301 Fairview Avenue
Darien, IL 60561
630-968-6400

www.darienparks.com

Westmont Park District

55 E. Richmond Street
Westmont, IL 60559
630-969-8080

westmontparks.org

Downers Grove Park District

Adult Active Center at Lincoln Center
935 Maple Avenue
Downers Grove, IL 60515
630-960-7500

www.dgparks.org

Willowbrook Parks & Rec

835 Midway Drive
Willowbrook, IL 60527
630-323-8215

www.willowbrookil.org

Reverse Mortgage Loans

- **DuPage Homeownership Center.** Offers free, confidential, unbiased information to senior homeowners about benefits and risks of reverse mortgages. 630-260-2500 www.dhoc.org
- **Private Financial Institutes.** Call your bank to inquire. Homeowners are strongly encouraged to meet with an independent counseling service that provides answers and advice regarding reverse mortgages. For information, contact the U.S. Department of Housing and Urban Development at www.hud.gov

Safety Programs

- **911 Cell Link Program.** Are programmed to dial 911. Phones cannot make or receive other outside calls. Contact the DuPage County Sheriff's Office at 630-407-2317.
- **Carrier Alert Program.** If mail accumulates, or there is some other sign of distress, the Post Office will contact the police to conduct a wellness check. If you are interested, you can register with your local police department.
- **File of Life.** An emergency medical card listing vital information. All Township fire and law enforcement personnel are trained to look for the File of Life on the refrigerator door. Can be purchased for \$1.00 at the Township office and at some fire departments.
- **Guardian Program.** A computerized phone call to check on registered seniors. If you fail to respond, help is summoned to your home. Contact DuPage County Sheriff's Office at 630-682-7256 or www.dupagesheriff.org
- **Lock Box Program.** The program will provide law enforcement a way to gain entry into the home of the participant to expedite access during a life-threatening emergency. The cost is \$30.00. Contact the DuPage County Sheriff's office at 630-407-2400.
- **Missing Persons' Locator.** The Sheriff's Program for At-Risk Residents (SPARR) is designed for persons who tend to get confused, lost or disoriented. The Sheriff's Office stores personal information and a photograph. Contact DuPage County Sheriff at 630-407-2400 or www.dupagesheriff.org
- **Personal Response Devices.** Are designed to summon help in an emergency by pressing a "button" on the pendant. This causes the telephone to dial an emergency number. These services may also include medication reminders and motion sensors. Companies that offer this service include:
 - **ADT Home Health Security System.** 800-272-9423 www.adt.com
 - **Lifeline.** 800-380-3111 www.lifelinesys.com
- **Safety Inspections.** Inspections are provided by local police and fire departments. Police departments also provide security surveys of your home and "vacation watch programs". Call your local police or fire department to inquire.
- **Send Police Cards.** For emergency use in cars. Available at the Township office.
- **Smart 911.** Residents are encouraged to register for this free service through the secure website. Information is completely confidential and is made available only to emergency responders during a 911 call. www.smart911.com
- **Visor Cards for Deaf or Hard of Hearing.** Cards are used to alert traffic officers about a possible communication problem. Available at the Township office.

Senior Citizens Clubs

- **Darien Seniors Club.** Meets at Darien Sportsplex, 451 Plainfield Rd, Darien, IL 60561. Call 630-789-6666 for days and times the club meets.
- **Young at Heart Seniors.** Meets on the first Thursday of every month at 10:00 am at Our Lady of Mt. Carmel Church, 8404 S. Cass Avenue, Darien, IL 60561. Contact Alice Durocher at 630-789-2187.
- **Younger Than Ever Seniors.** Must be a parishioner of Our Lady of Peace Church. Meets at the Darien Sportsplex, 451 Plainfield Rd., Darien, IL 60561. Call 630-789-6666 for days and times the club meets.

Senior Services (Available through the Township)

- **Banner News.** Newsletters for seniors are available on the Township website at www.dgtownship.com
- **Documents.** The Township office provides the following documents: Living Wills, Durable Powers of Attorney, lists of Home Health Care Agencies, Senior Housing, Long-Term Care Facilities and Vision Specialist Report. You may also apply for the Benefit Access Program with our Senior Services Coordinator 630.719.6670
- **Senior Resource Directory.** Is available from DuPage County. There is a fee for mailing, but it is free if it is picked up at the County. Call 800-942-9412. www.co.dupage.il.us
- **Vintage Times.** A monthly cable television program for seniors. DVD copies are available for loan at public libraries in Clarendon Hills, Darien, Downers Grove, Hinsdale and Westmont, as well as at the Township Office.

Veterans

- **Door-to-Door Transportation to Hines Hospital.** Contact the DuPage Veterans Assistance Commission at 630-407-5655 at least 3 days before your appointment. This is for medical appointments ONLY. Transportation goes to Hines, the Aurora VA Clinic and the Elgin VA Clinic. Cost is \$10.00 for one-way, \$20.00 round trip. www.dupageco.org/vac
- **DuPage County Vet Center.** Illinois Department of Veterans Affairs where one can file claims for the state. The center also issues identification cards for veterans. The office is located at 750 Shoreline Drive, #150, Aurora, IL, 630-585-1853.
- **Hines Hospital.** The hospital is located at 5000 S. 5th Avenue, Hines, IL 60141. It may be reached by taking the Metra train to Brookfield, then take the #331 Cumberland bus, northbound, and that will take you directly to Hines Hospital 708-202-8387 www.hines.va.gov
- **IDVA Office.** 421 County Farm Road, Wheaton, IL 60187 630-690-9449
- **The Veterans Association Commission of DuPage County.** The VACDC is an emergency financial and referral assistance program designed to help DuPage County veterans and their families through difficult times. The Commission is located at 421 N. County Farm Road, Wheaton, IL and can be reached at 630-407-5655.
- **VA National Call Center for Homeless Veterans.** Call for yourself or someone else in need at 877-424-3838.
- **Veterans Crisis Line Department of Veterans Affairs Responders 24/7.** 800-273-8255

Villages

- **Burr Ridge.** 7660 County Line Road, Burr Ridge, IL 60527 630-654-8181 www.burr-ridge.gov
- **Clarendon Hills.** 1 N Prospect Ave, Clarendon Hills, IL 60514 630-286-5400 www.clarendonhills.us
- **Darien.** 1702 Plainfield Road, Darien, IL 60561 630-852-5000 www.darien.il.us
- **Downers Grove.** 801 Burlington Ave, Downers Grove, IL 60515 630-434-5500 www.downers.us
- **Hinsdale.** 19 E Chicago Ave, Hinsdale, IL 60521 630-789-7000 www.villageofhinsdale.org
- **Lemont.** 418 Main Street, Lemont, IL 60439 630-257-1550 www.lemont.il.us
- **Westmont.** 31 W Quincy Street, Westmont, IL 60559 630-981-6200 www.westmont.illinois.gov
- **Willowbrook.** 835 Midway Drive, Willowbrook, IL 60527 630-323-8215 www.willowbrookil.org
- **Woodridge.** 5 Plaza Drive, Woodridge, IL 60517 630-852-7000 www.vil.woodridge.il.us

Volunteer Work

- **District 58 OAK Program.** Connects older adults with kids through volunteer opportunities at local schools. 630-719-5805 www.dg58.org/domain/63
- **Downers Grove Park District Active Adult Center.** Lincoln Center, 935 Maple, Downers Grove, IL 60515 630-963-1314 www.dgparks.org/get-involved/volunteer
- **DuPage County Senior Services.** Also inquire at places such as adult day care centers, hospitals, schools, Morton Arboretum, forest service and museums. Call 800-942-9412 for more information. www.dupageco.org/seniorsvcs

- **Giving DuPage.** Connects donors and volunteers involved in local agencies. Encourages you to get involved in your community . 421 North County Farm Road, Wheaton, IL 60187 630-407-6458
www.givingdupage.org
- **Good Samaritan Hospital.** For volunteer opportunities, contact Sharon Boziak at 630-275-1181. 3815 Highland Avenue, Downers Grove, IL 60515 www.advocatehealth.com/gsam/Volunteers
- **Hinsdale Community House.** For volunteer opportunities, contact Marcy McGonagle or Kate Vogts at 630-323-7500. www.thecommunityhouse.org/what-we-do/volunteer-with-us
- **SEASPAR.** 4500 Belmont Road, Downers Grove, IL 60515 630-960-7600
www.seaspar.org/jobs/volunteer-application

Websites & Phone Numbers

Age Guide	630-293-7448	ageguide.org
Aids	800-243-2437	www.aids.gov
AARP	888-687-2277	www.aarp.org
Adult Protective Svs. (Elder abuse)	866- 800-1409	http://www.state.il.us/aging
Al-Anon/Alateen	630-627-4441	www.niafg.org
Alcoholics Anonymous	630-887-8671	www.aa.org
Alliance for Retired Americans	312-427-2114	www.illinoisara@gmail.com
Alzheimer's Association	800-272-3900	www.alz.org
American Cancer Society	800-227-2345	www.cancer.org
American Council of the Blind	800-424-8666	www.acb.org
American Diabetes Association	800-342-2383	www.diabetes.org
American Heart Association	312-346-4675	www.heart.org
Arthritis Foundation	800-735-0096	www.arthritis.org
American Lung Association	312-781-1100	www.lung.org
Annual Credit Report		www.annualcreditreport.com
Community Adult Day Care	630-968-1060	gloriadeichurch.org
Consumer Protection Bureau	877-382-4357	www.ftc.gov
Dial-A-Ride	800-713-7445	www.dgtownship.com
Discounts for seniors		www.theseniorlist.com
Do Not Call	888-382-1222	www.donotcall.gov
Do Not Mail	866-284-5816	www.directmail.com
DuPage County "C.R.I.S."	800-942-9412	www.dupagecris.org
DuPage Election Commission	630-407-5600	www.dupageco.org/election/
DuPage Senior Citizen Services	630-407-6500	www.dupageco.org
Eldercare Locator Nationwide	800-677-1116	www.eldercare.gov
Epilepsy Foundation of Chicago	312-939-8622	www.epilepsyfoundation.org
Families' Anonymous	800-736-9805	www.familiesanonymous.org
Family Shelter Service	630-221-8290	www.familyshelterservice.org
Good Samaritan Hospital	630-275-5900	www.advocatehealth.com/gsam
Habitat For Humanity	800-HABITAT	http://www.habitat.org
HCS Family Services	630-323-2500	hcsfamilyservices.gov
Health Topics A-Z (WebMD)		www.webmd.com
Hinsdale Hospital	630-856-9000	www.keepingyouwell.com
HIV, AIDS, STD Hotline	800-243-2437	www.dph.illinois.gov
Human Services Help Line	800-843-6154	www.dhs.state.il.us/
Illinois Department of Aging	800-252-8966	www.state.il.us/aging
Illinois Dept. of Rehab Service	800-641-3929	
Illinois Lottery	800- 252-1775	www.illinoislottery.com
Illinois Poison Control	800-222-1222	illinoispoisoncenter.org

IL Relax Service/Hearing Impaired	800-526-0844 (TDD) 800-526-0857 (Voice)	
Immigration & Naturalization	800-375-5283	www.uscis.gov
Immunizations Hotline	800-526-4372	www.dph.illinois.gov
Internet Learning		www.learnthenet.com
Meals on Wheels	630-407-6500	www.dupageco.org
Medicaid	800-447-4278	www2.illinois.gov/hfs
Medicare	800-633-4227	www.medicare.gov
Medicare Fraud and Abuse Hotline	800-447-8477	www.medicare.gov
Metra	312-322-6777	www.metrarail.com
Metropolitan Family Services	630-784-4979	metrofamily.org
National Institute on Alcohol Abuse	800-662-4357	www.niaaa.nih.gov
National Institute on Aging	800-222-2225	www.nia.nih.gov
National Family Caregivers Assoc.	800-896-3650	www.thefamilycaregiver.org
National Multiple Sclerosis Society	800-344-4867	www.nationalmssociety.org
Nursing Home Abuse Hotline	800-252-4343	www.idph.state.il.us
Overeater's Anonymous	630-853-7332	www.oa.org
PADS (Public Action Deliver Shelter)	630-682-3846	www.dupagepads.org
PACE	847-364-7223	www.pacebus.com
Parkinson's Disease Association	800-223-2732	www.apdaparkinson.org
People's Resource Center	630-682-5402	peoplesrc.org
Red Hat Society	866-386-2850	www.redhatsociety.com
RTA	312-913-3110	www.rtachicago.org
Secretary of State's Office	800-252-8980	www.cyberdriveillinois.com
Senior Citizen Discounts List		https://www.seniorcitizendiscountlist.org/
Senior Home Sharing	630-407-0440	seniorhomesharing.org
Senior Suburban Orchestra	630-530-2910	www.suburbanorchestra.org
Sharing Connections (furniture)	630-971-0565	www.sharingconnections.org
SHIP	800-252-8966	www.illinois.gov/aging/ship
Social Security Administration	800-772-1213	www.ssa.gov
Substance Abuse –DuPage Co	630-407-6400	www.dupageco.org
National Suicide Prevention	800-273-8255	www.suicidepreventionlifeline.org
Taxpayer Assistance (IRS)	800-829-1040	www.irs.gov
Taxpayer Assistance (State)	800- 732-8866	www.revenue.state.il.us
Unemployment Office	800-244-5631	www.ides.illinois.gov
United Cerebral Palsy	855-471-5253	www.ucp.org