



Downers Grove Township

Human Services

Mark S. Thoman - Supervisor

Services and Information

For citizens in the Downers Grove Township and surrounding areas

Downers Grove Township: Senior Services

- **Banner News** - newsletters for seniors are available on the Township website - www.dgtownship.com
- **Documents** - the Township office provides the following documents: Benefit Access Program, Living Wills, Durable Powers of Attorney, lists of Home Health Care Agencies, Senior Housing, Long Term Care Facilities and Vision Specialist Report.
- **Senior Resource Directory** - is available from DuPage County, free if picked up at the county, there is a fee for mailing - (800) 942-9412 - www.co.dupage.il.us
- **Vintage Times** - a monthly cable television program for seniors. DVD copies are available for loan at public libraries in Downers Grove, Darien and Westmont as well as the Township.

Caregiver & Respite Health & Home

- **Adult Day Care** - 4501 Main Street, Downers Grove - (630) 968-1060 - www.communityaduldaycenter.org
- **Community Care Program** - offers affordable help for the activities of daily living. This allows seniors who would be forced to enter a nursing home the choice of remaining in their own homes. Income based program, call DuPage County Senior Services - (800) 942-9412 or (630) 407-6500 - <http://www.dupageco.org/community/>
- **DuPage County Health Department** - 422 N. Cass, Westmont, IL 60559 - (630) 682-7400 - crisis (630) 627-1700 - www.dupagehealth.org
- **Grandparents Raising Grandchildren** - Metropolitan Family Services, DuPage - (630) 784-4800 - <http://www.metrofamily.org>
- **Home Health Care Agencies** - list available at the Township office.
- **Hospice:**
 - Advocate Hospice - 1441 Branding Ave Ste 200, Downers Grove, IL 60515 - (630) 963-6800 - <http://www.advocatehealth.com/hospice-4311>
 - St. Thomas Hospice - 119 E Ogden Ave Ste 111, Hinsdale, IL 60521 - (630) 856-6990 - www.keepingyouwell.com
 - Vitas Hospice Services - 10216 Werch Drive, Ste 104, Woodridge, IL 60517 - (630) 410-4580 - www.vitas.com
- **Marianjoy Rehabilitation Hospital** - (630) 909-8000 - www.marianjoy.org
- **Nursing Homes** - list available at the Township office

Consumer Protection / Human Rights

- **Achieving Independence and Mobility" & "Center for Independent Living - (AIM & CIL)** - empower persons with disabilities to effectively control and direct their lives. The Center provides training, community development, and advocacy to enable persons with disabilities to fully participate in family, social, and community life. - 3130 Finley Road, Suite 500, Downers Grove, IL 60515 - (630) 469-2300 (voice/tdd) - www.dupagecil.org

Email: humanservices@dgtownship.com



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- **Better Business Bureau of Chicago and Northern Illinois, Inc.** - State Office: 330 N. Wabash Ave, Suite 3120, Chicago, IL 60611. Hours: Monday through Friday 8:00 am – 5:00 pm - (312) 832-0500 - www.bbb.org
- **Equal Employment Opportunity Commission (EEOC)** - responsible for enforcing federal laws that make it illegal to discriminate against a job applicant or an employee because of the person's race, color, religion, sex (including pregnancy), national origin, age (40 or older), disability or genetic information - 500 W Madison Street, Suite 2000, Chicago, IL 60661 - 800-669-4000 - www.eeoc.gov
- **Equip for Equality** - advancing the Human & Civil Rights of People with Disabilities in Illinois - 20 North Michigan Avenue, Suite 300 Avenue, Chicago, IL 60602 - (312) 341-0022 - www.equipforequality.org
- **Hope Fair Housing Center** - dedicated to eliminating housing discrimination and segregation because race, color, religion, national-origin, sex, disability, family status or any other characteristic protected under state or local laws. – 202 W. Willow, Ste 203, Wheaton, IL 60187 - (630) 690-6500 or (630) 690-6553 (tty) - <http://hopefair.org>
- **Illinois Department of Human Rights** - prohibits discrimination with respect to employment, financial credit, public accommodations and real estate transactions on the bases of race, color, religion, sex (including sexual harassment), national origin, ancestry, military status, age (40 and over), order of protection status, marital status, sexual orientation (which includes gender-related identity), unfavorable military discharge and physical and mental disability. Also prohibits sexual harassment in education, discrimination because of citizenship status and arrest record in employment, and discrimination based on familial status in real estate transactions. Charges must be filed within 180 days of the date you believe the discrimination took place. Monday through Friday: 8:30 am – 5:00 pm, James R. Thompson Center, 100 W. Randolph Street, Suite 10-100, Chicago, IL 60601 - (312) 814-6200 – www.illinois.gov/dhr
- **Illinois Office of the Attorney General** - Chicago Office - 100 W. Randolph Street, Chicago, IL 60601
 - Civil Rights - (877) 581-3692
 - Consumer Fraud - (800) 386-5438 or (800) 964-3013
 - Crime Victim Assistance - (800) 228-3368
 - Disability Rights – (312) 814-5684
 - Environmental Crimes - (888) 288-9436
 - Healthcare - (877) 305-5145
 - Home Owner - (866) 544-7151
 - Identity Theft - (866) 999-5630
 - Illinois Sex Offender Registration Team - (888) 414-7678
 - Military & Veterans Assistance - (800) 382-3000
 - Public Access Counselor – (888) 299-3462
 - Recalls - (888) 414-7678
 - Senior Citizens Consumer Fraud Hotline - (800) 243-5377
 - Spanish Language - (866) 310-8398
 - Website - www.illinoisattorneygeneral.gov

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Counseling

- **Associates in Family Care** - 842 Curtis, Downers Grove - (630) 983-0600 - www.afccounselors.com
- **Centers for Family Change** - 2625 Butterfield Rd, Ste 101N, Oak Brook, IL 60523 - (630) 586-0900 - www.centersforfamilychange.com
- **DuPage County Division of Human Services** - (800) 942-9412 - www.dupageco.org
- **Metropolitan Family Service DuPage** - visits at office or at home - Senior Services - (630) 784-4979 - www.metrofamily.org

Disabilities

- **ABHF Hearing Clinic** - (630) 321-3555 - www.abhf.org
- **Chicago Hearing Society** - (773) 248-9121 - www.chicagohearingsociety.org
- **Chicago Lighthouse for the Blind** - (800) 919-3375 - www.chicagolighthouse.org
- **Hearing** - assistive devices, HITEC - (800) 288-8303 - www.hitec.com
- **ITAC** - Illinois Telecommunications Access Corp. - Amplified phone for those with hearing loss. - (800) 841-6167
- **Parking Cards** - application must be completed by a physician and submitted to the Secretary of State's Office, Village Halls or local Police Departments:
 - **Permanent Parking Cards** - must be recertified every four years at the Secretary of State's Office or Secretary of State Vehicle Services Department.
 - **Temporary Parking Cards** - valid up to six months - Mail to: Persons with Disabilities License Plates/Placard, Unit 501, S. Second Street, Rm. 541, Springfield, IL 62756 - (800) 252-8980 - www.cyberdriveillinois.com
- **Ray Graham Associates For People with Disabilities** - 901 Warrenville Road #500, Lisle, IL 60532 - (630) 620-2222 - www.raygraham.org
- **Vision** - Spectrios Institute, after age 65, have your eyes checked every 1 to 2 years. Deicke House, 219 E Cole Avenue, Wheaton, IL 60187 - (630) 690-7115 - www.spectrios.org

Doctors/House Calls

- **Alegis Care** – Serves east DuPage County. Comprehensive medical care in the convenience of your home. Visits are covered by Medicare and most private insurance – (877) 663-1333 – www.alegiscare.com

Driving / Transportation

- **AARP** - Driver Safety Program - (877) 846-3299 - www.aarp.org
- **Access EZ Transport, Inc.** – 6912 Main Street #120, Downers Grove, IL 60516 - Non-emergency wheel chair transport service. Monday – Friday 9:00 am – 5:00 pm and weekends by appointment – (630) 824-0884 – acesseztrans.com
- **ADA Special Services for Disabled Persons** - PACE (312) 663-4357 - www.pacebus.com
- **Amtrak** – 15% discounts to persons 62 and older. Not available during holidays – (800) 872-7245 – www.amtrak.com
- **Angel Wheels Transportation** - (630) 534-6900 - www.angelwheelsinc.com

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- **Dial-A-Ride** - a transportation service for Downers Grove Township residents over age 65 and disabled persons of any age. Motels, Hotels, Extended Stays, temporary Housing are not eligible for the Dial A Ride Service. Anywhere within Township boundaries, Monday through Friday 8:00 am – 4:00 pm. Reserved up to two days in advance. Rides for medical appointments can be scheduled up to seven days in advance. Service Area – to and from any location within Downers Grove Township, includes Hinsdale Hospital, Good Samaritan Hospital and Loyola Center for Health at Burr Ridge. One-way trip: \$3.00. Must have RTA card and register at the Township office. - (630) 719-6685 - www.dgtownship.com
- **DuPage County Senior Services** - (630) 407-6500 - www.dupageco.org
- **Greyhound** – 5% discount to persons 62 and older. Travel Tuesday or Wednesday before 10:00 am to get cheaper fares – (800) 231-2222 – www.greyhound.com
- **License Plate Discount** - if you qualify for the Benefit Access Program you will receive a discount on your license plate fee.
- **N.E.W.T.** – \$50.00 each way, plus \$2.50 per mile - (630) 542-6398 – www.nonemergencywheelchairtransport.com
- **Non - Emergency Freedom First Transportation (John)** - wheel chair accessible. 200 Poplar Place, N. Aurora, IL 60542 - (630) 896-6063 - www.freedomfirsttransportation.com
- **Range of Motion** - Door to Door 24 hr. notice, load fee \$30.00, then \$3.00 per mile – (630) 871-8696 – www.rominc.net
- **Ride Free Transit Card** - if you qualify for the Benefit Access Program, only the new Ride Free Transit Card will be accepted on the CTA Pace buses, Metra trains. Eligibility requirements for the above programs:
 - Age 65 or older
 - Age 16 or older and permanently disabled
 - Live in Illinois at the time of filing a claim
 - \$27, 610 for a household of one
 - \$36, 635 for a household of two
 - \$45,657 for a household of three
- **RTA Ride Card** - applications for person's age 65 or older, or for persons with disabilities (applications only) are available at Township office - (630) 719-6685.
- **Special Needs Chicago** - Wheel chair accessible, 24 hours a day, 365 days a year - (630) 668-9999 – www.specialneedschicago.org
- **State of Illinois Rules of the Road Classes** - review the "Rules of the Road Manual" for the Illinois Drivers Exam - (800) 252-8980 - www.cyberdriveillinois.com/services
- **Subsidized Taxicab Coupon** – Must be 65 or older, or handicapped if under 65. Coupons are open only to residents of particular municipality. Cost is paid 1/2 by municipality and 1/2 by resident.
 - Burr Ridge, Karen Thomas - (630) 654-8181
 - Darien - (630) 852-5000 (Purchase limited to 7 coupons per month)
 - Downers Grove, Sue or Lynn - (630) 434-5959 (Purchase limited to \$30/month)
 - Willowbrook - (630) 323-8215 - residents only (Purchase limited to 20 coupons per month)
- **Taxi Cab Companies:**
 - **Alliance Taxi** - (630) 968-1323 - www.alliancetaxiservice.com
 - **American Taxi Inc** - (630) 920-9480 - www.americantaxi.com
 - **Flat Rate Cab Dispatch, Inc** - 5 miles or under, flat rate of \$10. Note: When gas prices reach \$3.85/gal or higher - \$3 surcharge is added to all rates - no meter - www.flatratecab.net - (630) 748-8894 or (866) 977-3528, no wheel chairs

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- **303 Taxi** - (630) 303-0303 - www.303taxi.com

DuPage County Health Department

- **Impact DuPage, Driving DuPage Forward** - The Health Department of DuPage County has a new website, designed to help promote useful information to residents. The link to the website is below as well as a short overview of the information that residents can gain from this new endeavor - www.impactdupage.org
 - Sponsored by DuPage County Health Department
 - Provides county-wide data by topic
 - Topics include: demographics, disparities, health, education, government/politics, public safety, environment, economy, social environment and transportation
 - Provides information, resource guidance, community initiative/local coalition awareness and more

Education

- **Computer Classes** - see Public Libraries
- **Internet Dashboard for Seniors** - (912) 682-7016 - www.seniordashboard.com
- **The Older Adult Institute of the College of DuPage** - (630) 942-2208 - cod.edu/academics/conted/adult.aspx
- **The Seniors Guide to Computers** - www.seniorsguidetocomputers.com

Exercise

- **Hospital Wellness Centers** - call local Hospital Wellness Centers for availability
- **Indian Boundary YMCA** - exercise pool - (630) 968-8400 - www.indianboundariymca.org
- **Park Districts** - see information elsewhere in the listing
- **Tai Chi for Seniors** - slow, gentle, dance-like movements of Tai Chi accumulates energy while calming you down- check with local park districts.

Financial Assistance Programs

- **Access ATT Internet and Email** - \$10.00 per month if on SNAP food stamps. Must have SNAP benefit card – (855) 220-5211 – www.att.net
- **DuPage Home Ownership Center** – provides free confidential and unbiased counseling to senior homeowners on programs the help to finance the cost of their homes, such as tax relief options, reverse mortgages and low-cost home repair programs. (630) 260-2500.
- **Energy Assistance Program (LIHEAP)** - low Income Home Energy Assistance Program. Can help winter heating costs. Eligibility determined by: household's size, income, geographical location and type of fuel used. Home visits are available to homebound persons; DuPage County - (800) 942-9412 - www.dupageco.org
- **Hopes Front Door** - a "walk-in-ministry", 1047 Curtiss St., #610, Downers Grove. Serving registered PAD's clients in Darien, Downers Grove, Lisle, Westmont, Willowbrook and Woodridge. Available: Monday, Wednesday, Thursday, Friday 10:00am - 11:45 am. Monday 6:30-8:00 pm - (630) 322-9803 - www.walkinministryofhope.org

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- **Love Christian Clearing House** - rental assistance, car repairs and utilities. Monday - Friday; 9:30 am – 11:30 pm. Monday and Wednesday 1:30 pm - 3:30 pm - 98 Naperville Road, Clarendon Hills - (630) 512-8665 - www.love-cc.org
- **Prevention of Spousal Impoverishment** – allows a couple to divide their assets for purposes of eligibility when one spouse needs Medicaid payment for nursing facility care or Community Care Program services. The spouse not needing Medicaid payment may keep \$109,560 in assets plus an allowance of \$2,739. – Illinois Department of Human Services – 630-530-1120
- **St. Vincent DePaul**
 - Holy Trinity** – (630) 968-1366 x404
 - St. Joseph Parish** - (630) 964-0216
 - St. Mary's Parish** - (630) 969-1063
- **Weatherization Assistance** – provides energy saving measures such as the repair of windows and doors and checking furnace units for safety and efficiency. Smoke detectors and carbon monoxide detectors are installed in homes without them. Households that qualify for Liheap are eligible for Weatherizations. Call DuPage County Senior Citizen Services – (800) 942-9412

Food Pantries

- **Catholic Charities** - for people in need of food, appointments - (630) 495-8008 ext 2100 - www.cc-doj.org
- **Christian Worship Center** - 1330 63rd Street, Downers Grove, IL 60515. Each third Saturday of the month at 9:00 am. Open to all residents - (630) 487-5639 - www.cwclife.com
- **Fish** - serving Downers Grove, Lisle & Westmont residents only. Monday and Friday's 9:00 am – 11:00 am - 4340 Prince Street, Downers Grove, IL 60515 - (630) 964-7776 - www.dgfish.org - Volunteers Needed!
- **HCS Family Services** - for residents of Westmont, Burr Ridge, Oak Brook, Clarendon Hills, Hinsdale, Darien and Willowbrook. Monday's and Wednesday's 8:00 am to 10:30 am. Friday's 3:30 pm to 6:30 pm. *Registration ends a half hour before Food Pantry closes.* Please bring bags or boxes to carry items - 19 E. Chicago Avenue, 2nd Floor, Memorial Building, Hinsdale, IL 60521 - (630) 323-2500 - www.hcsfamilyservices.org
- **Immanuel Lutheran Church** - no residency restrictions. Each visitor is given a bag of non-perishable items, once per month, one bag per family. No ID necessary - 5211 Carpenter, Downers Grove, IL 60515. Tuesday's 1:00 pm – 3:00 pm and Thursday's 9:00 am – 12:00 pm - (630) 968-3112
- **Our Lady of Mt. Carmel** - serving residents of Darien, Burr Ridge, Lemont, Willowbrook, unincorporated Clarendon Hills, Downers Grove, Westmont and Hinsdale. Tuesday's 9:00 am - 11:00 am & 1:00 pm – 3:00 pm & Friday's 1:00 pm – 3:00 pm - 8404 S. Cass Avenue, Darien, IL 60561 - (630) 852-3303 - www.ourladyofmtcarmel.org
- **Our Lady of Peace** - residents of Burr Ridge, Darien, Willowbrook and unincorporated areas of Clarendon Hills and Hinsdale. Must provide proof of residence and photo ID. Wednesday's 9:30am – 11:00 am - 701 Plainfield Road, Darien, IL 60561 - (630) 323-4333 - www.oloPdarien.org
- **People's Resource Center Southeast** - serving residents of DuPage County. Tuesday's 1:00 – 2:45 pm, Wednesday's 8:30 – 11:15 am, Thursday's 5:30 – 7:30 pm and Saturday's 8:30 – 11:15 am. Bring a photo ID and proof of residency (a utility bill, rent stub, etc.) - 104 Chestnut, Westmont, IL 60559 - (630) 682-5402 option 2 - www.peoplesrc.org
- **St. Mary's** - St. Vincent DePaul, 444 Wilson, Downers Grove, IL 60515. Downers Grove residents only, Wednesday's 9:00 am – 11:00 am - (630) 969-1063

Email: humanservices@dgtownship.com



Downers Grove Township

Human Services

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- **St. Joseph** - serving residents of Downers Grove, Westmont and Woodridge residents east of 355. Bring current utility bill and current ID. Thursday's only 9:30 am – 11:30 am - 4824 Highland Avenue, Downers Grove, IL 60515 - (630) 964-0216
- **West Suburban Community Pantry** - Tuesday's from 1:30 – 3:30. Thursday's and Saturday's from 8:30 am – 11:30 am. Thursday's 5:30pm – 7:30 pm - 6809 Hobson Valley Drive #118, Woodridge, IL 60517 - (630) 512-9921 - www.wcpinc.org

Food Stamps

SNAP (Supplemental Nutrition Assistance Program)

- **DHS Family Community Resource Center (FCRC)** - 1717 Park St. Ste. 105, Naperville IL 60563 – (630) 328-1000 - www.dhs.state.il.us

Home Maintenance Programs

- **Downers Grove Home Chore Program** - provides a list of people who do chores, may not be free, call Sheryl Vlk - (630) 434-5500 - www.downers.us
- **DuPage Senior Citizens Council** - provides minor home repairs to seniors age 60 and above. Home repairs such as plumbing, cleaning gutters, minor electrical repairs, or installing safety equipment such as grab bars. Hourly rate: \$40.00. Call (630) 620-0804 - www.dupageseniorcouncil.org

Housing

- **Nursing Home Hotline** – (800) 252-4343 – Takes complaints regarding care in nursing homes, hospitals, ambulatory treatments, mental health care centers, home health agencies and ambulances, and dialysis centers.
- **Pads** - array of services for homeless persons - 601 West Liberty, Wheaton, IL 60187 - (630) 682-3846 - www.dupagepads.org
- **Retirement Homes** - list is available at the Township office
- **Senior Housing Directory** - shared housing alternative, subsidized housing, supporting living facilities, independent and assisted living facilities. A list available at the Township.
- **Shared Housing**
 - **Senior Home Sharing, Inc** - (630) 407-0440 - www.seniorhomesharing.org
 - **Shared Housing Program** - DuPage County Division of Human Services (800) 942-9412 – www.dupageco.org/client-services
- **Subsidized Housing** - if eligible, you may qualify for a rent subsidy. A federally funded programs that help people with low incomes to afford safe and decent rental housing. Contact - (630) 690-3555 - www.dupagehousing.org

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Human Services

Mark S. Thoman - Supervisor

Income Tax Preparation and Assistance

- **Illinois Department of Revenue** - (800) 732-8866 - www.revenue.state.il.us
- **Income Tax Assistance Service** - AARP counselors helps during tax season at senior centers and some libraries.
- **Internal Revenue Services** - 2001 Butterfield Road, Downers Grove, IL 60515 – appointment needed - (844) 545-5640 - www.irs.gov

Legal Assistance

- **DuPage County Bar Association Lawyer Referral Service** - this DCBA service helps you connect with an attorney. The service offers up to a 30-minute consultation, with an attorney at no charge. The attorneys will charge their rate beyond that half hour. You are not obligated to hire the referred attorney nor is the attorney obligated to accept you as a client - 126 S. County Farm Road, Wheaton, IL 60187 - (630) 653-7779 - www.dcba.org
- **DuPage County Community Services - Senior Citizens Services** - provides names of attorneys who will prepare simple wills at reduced rates. Home visits are possible. Administers, Title II-E Gap Filing, legal services to assist with guardianship, powers of attorney, and custody for grandparents raising grandchildren and other legal activities - 421 N. County Farm Road, Wheaton, IL 60187 - (630) 407-6500 or (800) 942-9412.
- **Illinois Attorney General Consumer Complaints** - protecting consumers and businesses that have been victimized by fraud, deception or unfair competition is one of the primary functions - (800) 386-5438 - www.illinoisattorneygeneral.gov
- **Prairie State Legal Services, Inc.** - offers free legal services for low income persons and those over 60 who have serious civil legal problems and need legal help to solve them:
 - **Consumer Law** - bankruptcy or other debt relief. Consumer fraud; protection of exempt income and assets, unfair debt collection practices, repossession and contract defenses.
 - **Family Law** - protection from abuse or exploitation of domestic violence victims. Elderly, children and persons w/disabilities; divorce and related relief for domestic violence victims.
 - **Health Care** - loss or denial of medical or nursing home care. Loss or denial of medical benefits (Medicaid, Medicare). Guardianships and powers of attorney and other health care documents. Discrimination and reasonable accommodations.
 - **Housing Law** - evictions and lockouts, foreclosure defense, loss or denial of subsidized housing benefits, loss or denial of essential public utilities, substandard housing conditions cases that cannot be addressed by other agencies.
 - **Staff Attorneys** - do not handle criminal, immigration violations, traffic, personal injury, malpractice, workers' compensation - 400 West Roosevelt Road, Wheaton 60187 - (630) 690-2130 - www.pslegal.org

Email: humanservices@dgtownship.com



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Libraries

Books, records, and cassettes are delivered to homebound people by some libraries

www.publiclibrary.ws/county/Dupage.html

Clarendon Hills	7 N. Prospect, Clarendon Hills 60514	(630) 323-8188
Downers Grove	1050 Curtiss Street, Downers Grove 60515	(630) 960-1200
Hinsdale	20 E. Maple Street, Hinsdale 60521	(630) 986-1976
Indian Prairie	401 Plainfield Road, Darien 60561	(630) 887-8760
Westmont	428 N. Cass Avenue, Westmont 60559	(630) 969-5625
Woodridge	3 Plaza Drive, Woodridge 60517	(630) 964-7899

Meals on Wheels

- **DuPage Senior Citizens Council** - for home delivered hot/cold meals for seniors in need - (630) 620-0804 - www.dupageseniorcouncil.org

Medical Equipment and Supplies

- **Advocate Home Health Services** - (800) 564-2025
- **Make Life Easier** - health & personal care items - (800) 252-0227 - www.make-life-easier.com
- **Our Lady of Peace Lending Closet** – walkers, canes, crutches, transport chairs, wheel chairs - (630) 247-9483
- **Westmont Pharmacy** - (630) 969-2044 - www.westmontpharmacy.com

Money Management Program

The Money Management Program is sponsored by Illinois Department on Aging. Community Care Program; DuPage County Senior Services - (630) 407-6500 or (800) 942-9412

Passport Service

Applications accepted and photos taken, Monday through Friday between 9:00 am – 3:30 pm at the Township office - (630) 719-6610 - www.dgtownship.com

- **Requirements** - proof of citizenship, proof of identity, one photograph.
- **Passport Photos** - can be taken at the township for \$8.00 - We **don't** have the ability to take pictures of infants or children that require assistance standing.
- **Form of Payment** – there are two separate fees (Application & Execution fee) involved when applying for your passport using a DS-11 form. Application fees must be in the form of a Check or Money Order payable to: U.S. Department of State. Execution fees may be a check or currency for \$25.00 payable to Downers Grove Township.

Email: humanservices@dgtownship.com



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Prescription Drugs

- **Coast2Coast Rx Prescription Card** - save up to 75% on prescriptions, ready to use with no limits on usage, no paperwork to fill out, no expiration date, everyone is accepted. Over 60,000 participating pharmacies including all chain pharmacies, available at Township office - (800) 931-8872 - www.coast2coastrx.com
- **Drug Disposal Programs** – are a way to safely dispose of expired and unused medications in Rx collection boxes. – Burr Ridge Police Dept., 7700 S. County Line Rd., Burr Ridge, IL 60527 – Clarendon Hills Police Dept., 448 Park Ave., Clarendon Hills, IL 60514 – DuPage County Sheriff, 501 N. County Farm Rd., Wheaton, IL 60187, Lisle Police Dept., 5040 Lincoln Ave., Lisle, IL 60532.
- **Extra Medicare Drug Assistance** - help is available to eligible people who cannot afford the Medicare drug benefit. To obtain a form, call the Social Security Administration at (800) 772-1213 or the Illinois Department of Aging Senior Help Line - (800) 252-8966 - www.socialsecurity.gov
- **Medicare Part D, Prescription Drug Coverage** - a prescription drug benefit for all Medicare beneficiaries. Plans vary, enrollees pay a monthly premium and a share of the prescription drug costs - (800) 633-4227 - www.medicare.gov
- **Senior Health Insurance Program (SHIP)** - a free statewide health insurance counseling service for Medicare beneficiaries and their caregivers, (800) 942-9412. Trained counselors will:
 - Answer questions about Medicare, Medicare Supplement, and long term care insurance.
 - Other health insurance questions.
 - Organize and assist in filing Medicare and Medicare Supplement claims.
 - Analyze Medicare Supplement and long-term care. <http://www.dupageco.org/vae>

Property Tax Exemptions for Seniors

- **Senior Assessment Freeze Homestead Exemption** - freezes the equalized assessed value of your property at the base year amount. It does not freeze the amount of your property tax bill, which will increase if the tax rate increases. Eligibility: must be 65 years of age and have total household income of no more than \$55,000. Applications must be signed and notarized. For more information or to receive an application, call the Supervisor of Assessments Office - (630) 407-5858.
- **Senior Homestead Exemption** - to qualify you must be 65 by December 31st of the assessment year for which the application is made. Own and occupy the property and be liable for the payment of real estate taxes on the property. The exemption provides a \$4,000 reduction from the equalized assessed valuation. Applications available at the Assessor's Office within the Township office - (630) 719-6630.
- **Social Security Administration** - retirement Estimator gives estimates based on your actual Social Security earnings record. - 7440 Providence Drive, Woodridge, IL 60517 - (800) 772-1213 - www.ssa.gov

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Recreational Activities and Senior Program

Burr Ridge Park District

15W400 Harvest Drive
Burr Ridge, IL 60527
(630) 920-1969
www.brparcs.org

Clarendon Hills Park District

315 Chicago Avenue
Clarendon Hills, IL 60514
(630) 323-2626
www.clarendonhillsparkdistrict.org

Darien Park District

7301 Fairview Avenue
Darien, IL 60561
(630) 968-6400
www.darienparcs.com

Downers Grove Park District

Adult Active Center at Lincoln Center
935 Maple Avenue
Downers Grove, IL 60515
(630) 963-1300
www.dgparks.org

Hinsdale Parks & Recreation

Memorial Bldg. 19 E. Chicago Ave
Hinsdale, IL 60521
(630) 789-7090
www.villageofhinsdale.org/pr

The Community House

415 W. Eighth Street
Hinsdale, IL 60521
(630) 323-7500
www.thecommunityhouse.org

Westmont Park District

55 E. Richmond Street
Westmont, IL 60559
(630) 969-8080
westmontparcs.org

Willowbrook Parks & Rec

835 Midway Drive
Willowbrook, IL 60527
(630) 323-8215
www.willowbrookil.org

Reverse Mortgage Loans

- **DuPage Homeownership Center** - offers free, confidential, unbiased information to senior homeowners about benefits and risks of reverse mortgages - (630) 260-2500 - www.dhoc.org
- **Private Financial Institutes** - call your bank to inquire. Homeowners are strongly encouraged to meet with an independent counseling service that provides answers and advice regarding reverse mortgages. For information call the U.S. Department of Housing and Urban Development - www.hud.gov

Safety Programs

- **911 Emergency Cell Phones** - are programmed to dial 911. Phones cannot make or receive other outside calls. Downers Grove Police Department - (630) 434-5600 or DuPage County Sheriff's Office - (630) 682-7256.
- **Carrier Alert Program** - (630) 434-5600 - If mail accumulates, or there is some other sign of distress, the Post Office will contact the police to conduct a wellness check. If you are interested, you can register with the local police department.

Email: humanservices@dgtownship.com



Downers Grove Township

Human Services

Mark S. Thoman - Supervisor

- **File of Life** - an emergency medical card listing vital information. All Township Fire and Law Enforcement personnel are trained to look for the File of Life on the refrigerator door. Can be purchased for a \$1.00 at the Township office also some fire departments.
- **Guardian Program** - a computerized phone call to check on registered seniors, if you fail to respond, help is summoned to your home. DuPage County Sheriff's Office - (630) 682-7256 - www.dupagesheriff.org
- **Missing Persons' Locator** - the Sheriff's Program for At-Risk Residents (SPARR) is designed for persons who tend to get confused, lost or disoriented. The Sheriff's Office stores personal information and a photograph. DuPage County Sheriff - (630) 407-2400 - www.dupagesheriff.org
- **Personal Response Devices** - are designed to summon help in an emergency by pressing a "button" on the pendant. This causes the telephone to dial an emergency number. These services may also include medication reminders and motion sensors. Companies that offer this service include:
 - **ADT Home Health Security System** - (800) 272-9423 - www.adt.com
 - **Lifeline** - (800) 380-3111 - www.lifelinesys.com
- **Safety Inspections** - inspections are provided by local police and fire departments. Police departments also provide security surveys of your home and "vacation watch programs". Call your local police or fire department to inquire.
- **Send Police Cards** - For emergency use in cars. Available at the Township office.
- **Smart 911** - Residents are encouraged to register for this free service through the secure website. Information is completely confidential and is made available only to emergency responders during a 911 call. www.smart911.com
- **Visor Cards for Deaf or Hard of Hearing** - cards are used to alert traffic officers about a possible communication problem, available at the Township office.

Senior Citizens Clubs

- **Darien Seniors Club** - Darien Sportsplex - 451 Plainfield Rd, Darien, IL 60561 - (630) 789-6666. Call for days the club meets.
- **Young at Heart Seniors** - meets the 1st Thursday of every month at 10:00 am at Our Lady of Mt. Carmel Church - 8404 S. Cass Avenue, Darien, IL 60561. Contact - Alice Durocher - (630) 789-2187
- **Younger Than Ever Seniors** - Our Lady of Peace (must be a member of the church). Meets at the Darien Sportsplex - 451 Plainfield Rd, Darien, IL 60561 - (630) 789-6666. Call for days the club meets.

Veterans

- **Door-to-Door Transportation to Hines Hospital** - contact the DuPage Veterans Assistance Commission - (630) 407-5655 at least 3 days before your appointment. This is for medical appointments ONLY. Transportation goes to Hines, the Aurora VA Clinic and the Elgin VA Clinic. Cost is \$10.00 for one-way, \$20.00 round trip - www.dupageco.org/vac
- **DuPage County Vet Center** - 750 Shoreline Drive #150, Aurora IL - (630) 585-1853 - Illinois Department of Veterans Affairs, claims for the state, also issues ID cards for veterans.
- **Hines Hospital** - 5000 S. 5th. Avenue, Hines, IL 60141. Take the Metra train to Brookfield, then take the #331 Cumberland bus, northbound, and that will take you directly to Hines Hospital - (708) 202-8387 - www.hines.va.gov
- **IDVA Office** - 421 County Farm Road, Wheaton, IL 60187 - (630) 690-9449

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Downers Grove Township

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Mark S. Thoman - Supervisor

- **The Veterans Association Commission of DuPage County** - 421 N. County Farm Road, Wheaton, IL - (630) 407-5655 is an emergency financial and referral assistance program designed to help DuPage veterans and their families through difficult times.
- **VA National Call Center for Homeless Veterans** - (877) 424-3838 – Call for yourself or someone else.
- **Veterans Crisis Line Department of Veterans Affairs Responders 24/7** - (800) 273-8255

Villages

- **Burr Ridge** - 7660 County Line Road, Burr Ridge, IL 60527 - (630) 654-8181 - www.burr-ridge.gov
- **Clarendon Hills** - 1 N Prospect Ave, Clarendon Hills, IL 60514 - (630) 286-5400 - www.clarendonhills.us
- **City of Darien** - 1702 Plainfield Road, Darien, IL 60561 - (630) 852-5000 - www.darien.il.us
- **Downers Grove** - 801 Burlington Ave, Downers Grove, IL 60515 - (630) 434-5500 - www.downers.us
- **Hinsdale** - 19 E Chicago Ave, Hinsdale, IL 60521 - (630) 789-7000 - www.villageofhinsdale.org
- **Lemont** - 418 Main Street, Lemont, IL 60439 - (630) 257-1550 - www.lemont.il.us
- **Westmont** - 31 W Quincy Street, Westmont, IL 60559 - (630) 981-6200 - www.westmont.illinois.gov
- **Willowbrook** - 835 Midway Drive, Willowbrook, IL 60527 - (630) 323-8215 - www.willowbrookil.org
- **Woodridge** - 5 Plaza Drive, Woodridge, IL 60517 - (630) 852-7000 - www.vil.woodridge.il.us

Volunteer Work

- **District 58 OAK Program** - connects Older Adults with Kids through volunteer opportunities at local schools - (630) 719-5805 - www.dg58.org/domain/63
- **Downers Grove Park District Active Adult Center** - Lincoln Center, 935 Maple, Downers Grove, IL 60515 - (630) 963-1314 - www.dgparks.org/get-involved/volunteer
- **DuPage County Senior Services** - also inquire at places such as: Adult Day Care Centers, Hospitals, Schools, Arboretum, Forest Service and Museums - (800) 942-9412 - www.dupageco.org/seniorsvcs
- **Giving DuPage** - connects donors and volunteers involved in local agencies. Encourage you to get involved in your community - 421 North County Farm Road, Wheaton, IL 60187 - (630) 407-6458 - www.givingdupage.org
- **Good Samaritan Hospital** - volunteer Services, contact Sharon Boziak - 3815 Highland Avenue, Downers Grove, IL 60515 - (630) 275-1181 - www.advocatehealth.com/gsam/Volunteers
- **Hinsdale Community House** - volunteer Services, contact Marcy McGonagle or Kate Vogts - (630) 323-7500 - www.thecommunityhouse.org/what-we-do/volunteer-with-us
- **SEASPAR** - 4500 Belmont Road, Downers Grove, IL 60515 - (630) 960-7600 - www.seaspar.org/jobs/volunteer-application

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Downers Grove Township

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Websites & Phone Numbers

Name	Number	Website
Aids	(800) 243-2437	www.aids.gov
AARP	(888) 687-2277	www.aarp.org
Al-Anon / Alateen	(630) 627-4441	www.niafg.org
Alcoholics Anonymous	(630) 887-8671	www.aa.org
Alliance for Retired Americans	(312) 427-2114	www.illinoisara@gmail.com
Alzheimer's Association	(800) 272-3900	www.alz.org
American Cancer Society	(800) 227-2345	www.cancer.org
American Council of the Blind	(800) 424-8666	www.acb.org
American Diabetes Association	(800) 342-2383	www.diabetes.org
American Heart Association	(312) 346-4675	www.heart.org
Arthritis Foundation	(800) 735-0096	www.arthritis.org
American Lung Association	(312) 781-1100	www.lung.org
Annual Credit Report		www.annualcreditreport.com
Consumer Protection Bureau	(877) 382-4357	www.ftc.gov
Dial-A-Ride	(800) 713-7445	www.dgtownship.com
Do Not Call	(888) 382-1222	www.donotcall.gov
Do Not Mail	(866) 284-5816	www.directmail.com
DuPage County "C.R.I.S."	(800) 942-9412	www.dupagecris.org
DuPage Election Commission	(630) 407-5600	www.dupageco.org/election/
DuPage Senior Citizen Services	(630) 407-6500	www.dupageco.org
Eldercare Locator Nationwide	(800) 677-1116	www.eldercare.gov
Epilepsy Foundation of Chicago	(312) 939-8622	www.epilepsyfoundation.org
Families' Anonymous	(800) 736-9805	www.familiesanonymous.org
Family Shelter Service	(630) 221-8290	www.familyshelterservice.org
Good Samaritan Hospital	(630) 275-5900	www.advocatehealth.com/gsam
Habitat For Humanity	(800) HABITAT	http://www.habitat.org
Health Topics A-Z (WebMD)		www.webmd.com
Hinsdale Hospital	(630) 856-9000	www.keepingyouwell.com
HIV, AIDS, STD Hotline	(800) 243-2437	www.dph.illinois.gov
Human Services Help Line	(800) 843-6154	www.dhs.state.il.us/
Illinois Department of Aging (Benefit Access Application)	(800) 252-8966	www.state.il.us/aging
Illinois Dept. of Rehab Service	(800) 641-3929	
Illinois Lottery	(800) 252-1775	www.illinoislottery.com
Illinois Poison Control	(800) 222-1222	illinoispoisoncenter.org
IL Relax Service/Hearing Impaired	(800) 526-0844 (TDD) (800) 526-0857 (Voice)	
Immigration & Naturalization	(800) 375-5283	www.uscis.gov
Immunizations Hotline	(800) 526-4372	www.dph.illinois.gov
Internet Learning		www.learnthenet.com
Meals on Wheels	(630) 407-6500	www.dupageco.org
Medicaid	(800) 447-4278	www2.illinois.gov/hfs
Medicare	(800) 633-4227	www.medicare.gov

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Medicare Fraud and Abuse Hotline	(800) 447-8477	www.medicare.gov
National Institute on Alcohol Abuse	(800) 662-4357	www.niaaa.nih.gov
National Institute on Aging	(800) 222-2225	www.nia.nih.gov
National Family Caregivers Assoc.	(800) 896-3650	www.thefamilycaregiver.org
National Multiple Sclerosis Society	(800) 344-4867	www.nationalmssociety.org
Nursing Home Abuse Hotline	(800) 252-4343	www.idph.state.il.us
Overeater's Anonymous	(630) 853-7332	www.oa.org
PADS (public action deliver shelter)	(630) 682-3846	www.dupagepads.org
Parkinson's Disease Association	(800) 223-2732	www.apdaparkinson.org
Red Hat Society	(866) 386-2850	www.redhatsociety.com
Secretary of State's Drivers Office	(800) 252-8980	www.cyberdriveillinois.com
Senior Suburban Orchestra	(630) 530-2910	www.suburbanorchestra.org
Sharing Connections (furniture)	(630-971-0565)	www.sharingconnections.org
Social Security Administration	(800) 772-1213	www.ssa.gov
Substance Abuse –DuPage Co	(630) 407-6400	www.dupageco.org
National Suicide Prevention	(800) 273-8255	www.suicidepreventionlifeline.org
Taxpayer Assistance (IRS)	(800) 829-1040	www.irs.gov
Taxpayer Assistance (State)	(800) 732-8866	www.revenue.state.il.us
Unemployment Office	(800) 244-5631	www.ides.illinois.gov
United Cerebral Palsy	(855) 471-5253	www.ucp.org

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